

WEDNESDAY, OCTOBER 4, 2023

PAWS SCHEDULE

SENIOR MEETING @ PAWS

Bruin Pride Never Dies!

1st Bell 7:25

1st 7:30 – 8:20

2nd 8:25 – 9:20

PAWS 9:20 – 9:50 (Senior Meeting)

3rd 9:55 – 10:45

1st Lunch 10:50 – 11:20

4th 11:25 – 12:15

4th 10:50 – 11:40

2nd Lunch 11:45 – 12:15

5th 12:20 – 1:10

6th 1:15 – 2:05

Buses Depart 2:12

Lunches Based on 4TH Period

1st Lunch – 2, 4, 5, 7,

2nd Lunch – 1, 3, 6, Auto, Portables

BRUIN HAPPENINGS

10/4 ~ Senior Meeting @ PAWS

10/4 ~ Open House/ High School & Beyond

10/5 ~ Panorama Survey – Extended PAWS

10/6 ~ LIF Schedule – Admin Directed

10/7 ~ SAT

BRUIN FALL SPORTS

10/4 ~ Boys Tennis vs. Lynnwood – Away – 3:30 pm

10/4 ~ Volleyball vs. Meadowdale @ Home – 7:00 pm

10/5 ~ Volleyball vs. Lynnwood – Away – 7:00 pm

10/5 ~ Girls Soccer vs. Lynnwood @ Home – 7:30 pm

10/5 ~ Girls Swim vs. Everett @ Home – 2:30 pm

10/6 ~ Football vs. Everett @ Home – 8:00 pm

BRUIN LUNCH MENU

Wednesday ~ Mandarin Orange Chicken over Rice

Thursday ~ Chicken Drumstick with a Biscuit

Friday ~ Teriyaki Chicken Burger

STUDENTS & STAFF

- Bruins...if you purchase pictures on Arena Day, come by the Activities Center during your lunch to pick them up! If you're not happy with your pictures bring your picture packet to the photographer during your lunch (only) on Tuesday, October 10th for a retake.

- Picture re-take day is Tuesday, October 10th... if you didn't sit for the camera at the beginning of the year you will be called out of call to receive your CHS ID – you can also purchase pictures.
- Drama Club meeting has been moved to October 10th after school from 2:15 to 3:30 in the Black Box.
- A library reminder for Summer Readers with Golden Tickets: Summer Reading Celebration will be Thursday, October 5th during PAWS. Your Golden Ticket is required for entry. The Library will be closed for all other student use.
- Are you a Sophomore Junior, or Senior interested in joining a club? National Honor Society (NHS) is recruiting members who have at least a 3.4 GPA or higher and are interested in earning volunteer/community service hours! Check your emails for the application link and follow our Instagram @cascadehs for more information.
- Seniors, there will be an important meeting on Wednesday, October 4th during PAWS in the cafeteria, regarding graduation, cap and gown ordering, and other senior activities...make sure to attend!
- Attention all Freshmen Class of 2027, Are you interested in becoming a leader at Cascade? If so, we invite you to join us for the Freshman Leadership Meeting on Thursday, October 5th at 2:15 pm, in room 620. Join us to learn about the Freshmen Leadership program and it's incredible benefits. Explore the different leadership roles available to you. Get all the details about the application process and deadlines. If you have any questions before the meeting, please don't hesitate to contact Mr. Cervantes-Aguilar or Ms. Freeman. Make sure to mark your calendars for October 5th, and we look forward to seeing you in room 620 at 2:15 pm!
- Parking passes are required starting in October! All vehicles without passes will be ticketed. Purchase a parking pass at the treasurer's window - \$25 w/asb or \$40 w/o asb.
- World Language Assessment: Registration opened September 6th. Students who can fluently read, write, speak, and listen in a language other than English sign-up for the exam with the treasurer. Students could earn one or more credits. If you have questions see Ms. Mayan
- ASB and [Parking permits](#) on sale in the Treasurer's office or you can purchase them [online](#).
- Need assistance with clothing, Clothes for Kids can help! Contact Ms. Stacy at srobinson@everettsd.org or 425-385-6017 or Mrs. Mehaffey at dmehaffey@everettsd.org or 425-385-6010
- Are you in need of school supplies? Contact Ms. Stacy at srobinson@everettsd.org.

Quote for the day: Every once in a while, you get a glimpse of the person you could be. The type of person you visualize yourself as. The type of life you strive to have. Hold onto that. Work for it. Take the steps needed to become it. Make an effort every day to bridge the gap between your current self and your ideal self. Not is out of reach.